



CHINIOT INSTITUTE

OF NURSING & MIDWIFERY

NEWSLETTER

JUNE
2022





CHINIOT INSTITUTE OF NURSING & MIDWIFERY

VISION

To be a leading Nursing & Midwifery Institute for providing high quality healthcare education, training and research opportunities.

MISSION

CINM is committed to produce highly capable, dedicated and qualified nurses through knowledge, skills and research to meet the healthcare demand, domestically and internationally.

MESSAGE FROM PRINCIPAL

Nursing is one of the most professionally, personally, and spiritually rewarding career. The most rewarding thing about being a nurse is making a difference in the lives of others. It may be patients, their families, or student nurses.

Throughout my nursing career, I have had the opportunity to work in many different clinical fields including critical care nursing, longterm care, urgent care, as well as education and management. I did my Masters of Science in Nursing (MSCN) in 2010, Post RN BScN in 2005 and Diploma in Nursing in 1999 from Aga Khan University.

As the Head of Department at CINM, I want students to build a proper foundation using which they will adopt new technologies and use them in their nursing practice, while keeping an eye on the human elements in healthcare. At this institute, we assist in development of trainers to become professional nurses capable of delivering holistic service to the community.

We welcome you all and remain available to assist and help student to feel at ease in the new surroundings. We wish you the best as you enter a new phase in your life. Your time at CINM will be packed with new learning and development opportunities and challenges, and hope that you really enjoy your time at CINM.

All the very best!!

Ms Saima Mehboob Ali Merchant
MSCN, BScN, RN (AKU), RM
Founding Principal and Assistant Professor
Member Managing Committee, CINM





CHINIOT INSTITUTE OF NURSING & MIDWIFERY

REGISTRATION AND AFFILIATION

Approved by Health Department, Government of Sindh



HEALTH
DEPARTMENT
GOVERNMENT OF SINDH

Inspection by Health Department, Government of Sindh took place on Dec 7, 2021. No Objection Certificate (NOC) was granted by Health Department for three programs viz Bachelors of Science of Nursing (BSN), Community Midwife (CMW) and Certified Nursing Assistant (CNA) with 50 seats each.

Special thanks to Health Department Inspection Team

1. Dr. Imtiaz Ahmed Mahar: Principal; Public Health School Karachi
2. Mr. Badil : Director Nursing; DUHS Karachi
3. Ms. Khairunisa Akbar : Director; Directorate of Nursing Sindh



Recognized by Pakistan Nursing Council



Pakistan Nursing Council's inspection was held on Feb 5, 2022. Approval was granted for Bachelors of Science of Nursing (BSN), Certified Nursing Assistant (CNA), and Lady Health Visitor (LHV) programs with 50 seats each.

Special thanks to Pakistan Nursing Council Inspection Team

1. The Administrator PNC/DG Health, Ministry of NHSRC, Islamabad.
2. Registrar and Assistant Registrar PNC.



Affiliated with Jinnah Sindh Medical University (JSMU)



Inspection visit was held on March 15, 2022 and 50 seats for BSN Program were approved.

Special thanks to University Affiliation Team

1. Dr. Rahat Naz (Affiliation Department JSMU)
2. Ms. Rozina Jalaluddin (Principal Institute of Nursing JSMU)





CHINIOT INSTITUTE OF NURSING & MIDWIFERY

ACADEMICS

Admission Process for BSN Program

After approval from all regulatory bodies, admission process for BSN program was initiated in March 2022. Admission test was structured according to entry test requirement of Bachelor's level Degree Program. The MCQ type section covered elements of Physics, Biology, Chemistry, English and General Knowledge. Entrance test was conducted under strict vigilance. 124 candidates appeared in the test, out of which 75 candidates qualified for interviews.



Commencement of First Batch of BSN

Among successful candidates 50 entry test top scorers were interviewed and were granted admission. Classes commenced after carrying out all necessary documentation and admission procedure. 50 BSN students including 12 females and 38 males joined the first batch of Bachelors of Science in Nursing (BSN) Degree Program at CINM.



BSN Mid-Term Examinations

Midterm exams for the first batch of the Bachelor of Science in Nursing (BSN) Degree Program were completed successfully. Faculty members are effectively guiding and helping BSN students to comprehend how to use the concepts they have learned in courses like Fundamentals of Nursing, Science, and Information Technology in effective patient care. The faculty and students were applauded for maintaining high standards of discipline and an environment conducive to learning.

Congratulations to Mr. Farhan Amjad for securing first place, Mr. Mohammad Saqib and Mr. Aziz Nasir for achieving second place, and Ms. Hafza Umme Habiba for securing third place based on performance in both theory and practicals.





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ACADEMICS

Technicians Certificate Program

CINM is affiliated with JSMU for the Technicians' Certificate Program with seven specialties such as ICU, NICU, Peds, OT, X-ray, Lab and ER. Second Batches Final Examinations were held end of June – 2022. New batch admissions have been announced.



EVENTS, NEWS AND WORKSHOPS

Interview Panel for BSN

Jinnah Sindh Medical University (JSMU) invited Principal CINM Ms. Saima Merchant as one of the panelist for interviews of BSN candidates on 21st & 22nd January 2022



Women's Day Celebration

Women's day celebration was organized by Sindh Nurses Examination Board and Health Department, Government of Sindh. Principal Chiniot Institute of Nursing and Midwifery (CINM) Ms. Saima Merchant attended the event as a Guest on 10th of March 2022 at Sindh Govt. Qatar Hospital. Women's Day theme for the year 2022 was Women Empowerment and Gender Equality.



Workshop on Writing Educational Objectives

CINM Faculty Members attended workshops on writing educational objectives to learn about categories of educational objectives and provide feedback to improve them. The event was organized by Dr. Shaur Sarfraz at JSMU on 16th April 2022.





CHINIOT INSTITUTE OF NURSING & MIDWIFERY

EVENTS, NEWS AND WORKSHOPS

International Nurses Day

To recognize the tireless and indispensable contributions nurses make to healthcare, Chiniot Institute of Nursing and Midwifery (CINM) and Chiniot General Hospital celebrated International Nurses Day (IND) on May 17, 2022.

The health sector's foundation is said to be its nurses. The purpose of IND is to raise awareness of the distinctive and outstanding contributions that nurses have contributed to society. The theme of this year's IND Event was Respecting Rights to Secure Global Health and Investing in Nursing. Students at CINM arranged the IND Event to recognize the enormous work done by nurses to advance medical care and maintain the necessary standards for meeting patients' medical needs.

In health care setting, nurses are essential to the welfare, safety, and recovery of patients. The arduous job, long hours, and emotional stress that nurses endure every day at work must be consistently acknowledged and respected. Through this event, students were introduced to the various nursing roles and were encouraged to interact with the staff of the hospital.



Thesis Examiner for Ziauddin University – Faculty of Nursing

Principal CINM Ms. Saima Merchant was invited as one of the examiners for MSN' thesis of Ziauddin University – Faculty of Nursing candidates. It helped to enhance the personal and professional growth of future leaders.



Upcoming Events and Workshops

- **5 July:** Career Counseling Session at JSMU for all BSN Students.
- **20 & 21 July:** Master Trainers Training on De-escalation of Violence against the Healthcare Staff organized by Institute of Public Health AIIPH-JSMU
- **July- August:** Final Examination of BSN at JSMU
- **13 August:** Independence Day Celebration
- **22 August:** Beginning of BSN Semester II
- **31 Aug:** World Distance Learning Day
- **5 September:** International Day of Charity



CHINIOT INSTITUTE OF NURSING & MIDWIFERY

MANAGEMENT AND FACULTY PROFILE



Ms. Saima Merchant

Founding Principal and Assistant Professor
MScN, BScN, RN (AKU) RM

MScN from Aga Khan University (AKU). Vast working experience at AKU, Ziauddin University and Private Colleges as Principal, Assistant Professor, Administrator, Faculty Member and Staff Nurse. Areas of expertise include Education, Administration, Critical Care Nursing, Emergency, Pediatrics, and Cardiology. Serving as external thesis examiner at Dow University of Health Sciences and Ziauddin University. Presently serving Chiniot Institute of Nursing and Midwifery (CINM) as Founding Principal to promote the Nursing Profession and lay the foundation Degree Program.



Tabish Anwar

Senior Nursing Instructor

MBA from Jinnah Sindh Medical University, Karachi. Post RN BScN, Post Basic Specialization (Dip Card), RN. Exceptional experience of nursing and clinical management at The Indus Hospital, Dow University Hospital and Fatmiyah Hospital. Also served as a Staff Nurse, Clinical Nursing Instructor, Head Nurse and Instructor of BLS, ACLS, and PALS (American Heart Association Guideline 2015) at The Indus Hospital. He is an initiator and trainer of Manchester Triage System.



Irfan Ali

Nursing Instructor

Post RN BScN, Post Basic Specialization (Dip Card), Registered Nurse, vast experience of clinical management of various departments, including Accident/Emergency, Coronary Care Unit, COVID-19 ICU, etc.



Naheed Farman

Nursing Instructor

Generic BScN from Dow University of Health Sciences. Worked as Clinical Nurse Care. Also worked as specialist nurse during COVID-19 Pandemic.



Fizza Nazeer

Science Teacher

MSc in Microbiology from University of Karachi. Served as tutor for about 5 years. Previously worked as Quality Control / Quality Assurance Microbiologist at Pakistan Dairy Product (Pvt) Ltd. (IGLOO)



Amjad Nawaz

English Instructor

MPhil in English from Iqra University, Karachi. Simultaneously working as an English Instructor at different private colleges.



Naseem-e-Sahar

Librarian

MLIS from University of Karachi. Previously worked as a Librarian in Economics Department at University of Karachi. Also served at Fazaia Inter College in similar capacity.



M. Mubashir Nisar

IT Administrator / Computer Teacher CINM

Diploma in Associate Engineering from Pak Swedish Institute. Vast experience in Information Technology in different organizations. Previously worked as IT Coordinator at Carlo Gavazzi Arabia Corp. Ltd. (KSA)



Kajal Ilyas

Admin Assistant CINM

Graduate with Certificate from Aptech Computer Education. Has served as a Receptionist at Chiniot General Hospital for over two years and was a tutor for primary level students at start of career.



CHINIOT INSTITUTE OF NURSING & MIDWIFERY

EVENTS, NEWS AND WORKSHOPS

Question Bank Review

Questions bank reviews were attended by all Faculty Members of CINM to develop new Question Bank of Year I semester-1 BSN Program in collaboration with JSMU Examination Department.

Quran Khawani and Fateha

Mr. S. M. Saleem passed away on 20th June, 2022. He was the Managing Trustee of Chiniot Anjuman Islamia (CAI) and over saw CINM, CGH and all other projects of the Anjuman.

He served with sincerity, enthusiasm and dedicated a significant part of his life for welfare work, with focus on underprivileged segments of society and his name will always be remembered. His philanthropic contributions will be remembered for a long time to come.

Quran Khawani and Fatiha were arranged in CGH Masjid for Mr. S. M. Saleem where all participants prayed to Almighty Allah for resting his soul in Jannat-ul-Firdous and give patience to the bereaved family to bear this irreparable loss.

Educational Counseling

For the purpose of fostering an atmosphere where students feel comfortable discussing both personal and academic issues, educational counselling service has been launched for BSN students. Every day, allocated time is provided for consultations during which students can interact with the course Instructor, Coordinator, and Principal. This process helps students maintain a balance between studies and extra curricular activities.



Celebration of Birthdays

CINM arranged birthday celebration of Medical Director Brig. Dr. Muhammad Munir (Retd.) in July 2022 and Ms. Fizza Nazeer in June 2022.





CHINIOT INSTITUTE OF NURSING & MIDWIFERY

INFRASTRUCTURE OVERVIEW

CINM has highly qualified faculty members backed by a "State of The Art" building equipped with spacious Lecture halls, Labs, and a well-updated Library.

Nursing Resource Center

The CINM Resource Center comprises five main units viz Nursing Skills Lab, Computer Lab, Science Lab, Anatomy Lab, and Library.

The **Nursing Skills Lab** is equipped with materials necessary for teaching technical and assessment skills while providing a clinical-like setting. Skills Lab has mannequins, models, and task trainers that allow students to become proficient in inpatient care.

The **Computer Lab** includes 15 computers. Each computer has loaded hardware and software to assist students and Faculty with learning needs and research activities.

The **Science and Anatomy Labs** are fully equipped with the necessary lab equipment and models and skeleton for demonstration and practice purposes.

The **Library** has hundreds of books and journals covering Nursing and associated books prescribed by the Pakistan Nursing Council for the BSN four Years degree program along with recommended reference Books and journals.



NURSING SKILLS LAB



COMPUTER LAB



SCIENCE & ANATOMY LABS



LIBRARY

STUDENTS' CORNER

"Everyone I met in the institute either Principal, teachers, staff or classmate found them friendly and cooperative. I am truly grateful for guidance and experience I am getting here."

Ms. Kanwal Khan

"The course went beyond my expectation, I am specially thankful to all the faculty members for guidance and motivating throughout. I have truly learned a lot and improved my skills."

Ms. Komal Athur

"I have joined CINM as nursing student and my overall experience is really good. The knowledge being provided here is very helpful and will surely be beneficial for me in professional life."

Mr. Aziz Nasir

"I am having a great time being a student at CINM. The knowledge I am learning here will undoubtedly be crucial to my future career success. Thank you, CINM staff and management."

Mr. Mohammad Ayaz

This Newsletter is Published by Chiniot Institute of Nursing & Midwifery.